



## Micro Laser Peel™ Post-Op Instructions

- Day 1:** Moisturize area with mixture of Aquaphore and Kool Down (mixture that was given to you by the clinic) 3-4 times per day. If the area feels like it is tightening reapply mixture.
- Day 2:** Wash face with Skin Medica Sensitive Skin Cleanser and blot dry. Reapply mixture from clinic 3-4 times per day. If area feels like it is tightening reapply mixture.
- Day 3:** Wash face with Skin Medica Sensitive Skin Cleanser and blot dry. Apply Aquaphor to area. If you feel discomfort during the application of Aquaphor, you can apply the mixture from the clinic for another day.
- Day 4:** Wash face with sensitive skin cleanser and blot dry. Apply Skin Medica Ceramide moisturizer to face, then apply SPF 30. At this time you can apply makeup if desired. **Caution should be used when applying or removing makeup.** The treated area may still be delicate and should be treated with care. Rough removal of makeup can increase the incidence of post treatment complications. Just remember that everyone's face is different, you do what is best for you.

If crusting develops it should be allowed to fall off naturally (**do not pick or pull the skin**).

**If you have any questions or concerns, please call the office at 515-223-0592.**